

Sashiko Class - For Beginners and Intermediate Students 10/21/2023, 10/28/2023,
11/11/2023 9:30 a.m. to Noon. (REVISED 7/26)

Note: If you are going to use JoAnn's to purchase some items, go to www.joann.com for coupons and/or discounts.

Class Objectives:

- 1) Learn how to draft one Sashiko pattern (Seigaiha -Blue Ocean Waves).
- 2) Learn how to stitch the pattern as much or as little as you desire. For example, you can stitch the design to fill up one side of the tote bag or just stitch a few of the design.
- 3) Optional: Trace the beginner Rabbit Design or the intermediate Rabbit Design on one side of the tote bag. Design will be provided.
- 4) Optional: Stitch the Rabbit Design.
- 5) Sew tote bag together. Instructions will be provided.

Supplies:

- 1) 5/8 yard of Navy Blue Cotton. Recommended for Beginners.
- 2) 5/8 yard of Non-Stretch Denim. Option for Intermediate Students.
- 3) 5/8 yard of Cotton Fabric for Tote Bag Lining.
- 4) White Transfer Paper. Recommend Saral White Roll (Available on Amazon and JoAnn's on-line-not in stores.)
Note: JoAnn's has a Saral Transfer Paper Sampler with only 1 white sheet and various color sheets.
- 5) 12 3/8" x 12 3/8"- 1/4" Graph Paper or larger. (Available at JoAnn's) Called Graft -It.

Note: I can put to together a \$10.00 kit for new students (also available for intermediate students) which includes:

Pre-cut Tote Bag Pieces (front, back and handles) of Japanese Navy Blue Cotton
2 sheets of graph paper
1 sheet of transfer paper
Sewing Machine Thread for 2 of the class machines.

For Intermediate Students: If you are using Denim, you need to bring your own matching thread as denim comes in different colors. Will have a 3rd sewing machine with a Jeans needle. If needed one transfer paper plus two graph papers is available for \$2.00.

- 6) White or Natural color Sashiko thread. BRANDS: OLYMPUS OR YOKOTA. Available on Amazon, New Pieces, Bay Quilts, and maybe Stone Mountain Daughter (I haven't been there to check).
- 7) Scissors.

- 8) Straight ruler.
- 9) Straight pins.
- 10) Compass or a Large Circles Guide Template if you have one.

Example: For Rabbit Design #2.

Alvin & Co. TD1202 TEMP. CIRCLE RADIUS MASTER

Example: For Rabbit Design #1

ALVIN Circle Guide Template 7" x 9.25" Model TD445,
Template for Artists, Architects, Design and Drafting 44
Circles, 7 inches x 9.25 inches x .030 inches

- 11) IT IS EASIER TO TRANSFER YOUR DESIGN USING A TEMPLATE.
- 12) White marking pencil if you have one. I have a couple people can borrow. You can also find a variety at JoAnn's.
- 13) Pencil and ball-point pen.
- 14) Sashiko Needles. Clover #2007. DO NOT PURCHASE CLOVER #2009. Currently on sale at Amazon for \$4.75. I think they have them at New Pieces and Stone Mountain also (but haven't checked recently).
- 15) Masking tape.
- 16) THIMBLE if you have one. I don't use one myself for Sashiko, but many people do.