



## A Home Away from Home

Time flies when you are having fun! Thanks to the warm welcome from the J-Sei community, I felt at home from day one. It has been a pleasure meeting so many of you, and I look forward to getting to know even more of you.

From my office, I have a front-row seat to the diverse programs we offer. I am fortunate to experience all the senses—smelling the fresh flowers from ikebana, hearing the melodic sounds of the choir and ukulele, tasting healthy and delicious food, seeing tai chi and hip hop in motion, and touching the wonderful creations of watercolor and kimekomi dolls. I am incredibly inspired by our staff, volunteers, and clients. Being around people who enjoy what they are doing is uplifting.

I would like to give special thanks to those who have been instrumental in my transition:

- Diane Wong, for your stalwart leadership as J-Sei’s Executive Director for 15 years and for showing me the ropes with open arms.
- Board Members (past and present), including our new co-chairs, Linda Okahara and Ken Tsuboi, for your guidance, wisdom, and support.
- My team, for your patience in answering all my questions, willingness to step in wherever needed, and dedication to our work.
- All our donors, volunteers, and partners, for supporting us every step of the way.

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## J-Sei Classes

*We continue to offer on-going classes that are held in-person and online. For more information or to register, contact [jill@j-sei.org](mailto:jill@j-sei.org) or visit [www.j-sei.org/classes/](http://www.j-sei.org/classes/)*

### In-Person Classes at J-Sei

Mon - Watercolor, 10 am -12 pm  
Tues - Let's Groove, 11:30 am -12:30 pm  
Tues - Community Ukulele, 1 - 2 pm  
Tues - Tai Chi, 1 - 2 pm  
Wed - Brain, Balance and Body Work,  
10 - 11 am or 11 am - 12 pm  
Wed - Mah Jong Club, 1 - 3 pm  
Wed - Japanese 1, 1 - 2 pm  
Wed - Japanese 2, 2:15 - 3:15 pm  
Wed - Sogetsu Ikebana, 2 - 4 pm  
Thurs - Watercolor, 1 - 3 pm  
Fri - Tai Chi for Arthritis, 1 - 2 pm  
Fri - Nihongo Corner 1 & 2, 1 - 2 pm  
1st Tues - J-Sei Sings, 10 - 11 am  
1st Wed - Aging Together, 10 - 11:30 am  
2nd Mon - Let's Talk, 12:30 - 2 pm  
3rd Th – Kimekomi Doll, 9:30 am -12 pm

### Online Classes

Mon - Tanoshii Japanese, 10 - 11 am  
Mon - Tai Chi, 1 - 2 pm  
Tues - Gentle Yoga, 10 - 11 am  
Tues - Writing, 2:30 - 4 pm  
Wed - Qi Gong, 10 - 11 am  
Thurs - Strength & Balance, 10 - 11 am  
Thurs - Minyo no Odori, 9 - 10 am

## J-Sei Connect

J-Sei Connect offers a variety of virtual workshops and community forums to engage individuals in reflection, dialogue and creative expression. To see what is upcoming, visit [www.j-sei.org](http://www.j-sei.org) and sign up for our eBlast news.

## On-Going Programs

### J-Sei's BOOK CLUB

Join J-Sei's Book Club, an opportunity to delve into a new book each season. Share your questions, thoughts, and personal reflections on what you are reading on a protected book club webpage. Engage in a Book Club meeting to discuss the latest book and share your discoveries.

### J-Sei At the MOVIES

J-Sei At the Movies meets monthly on a Friday evening to discuss Japanese and Japanese American films of different genres and subjects. Special guests have appeared via Zoom to talk about their work in film and to participate in audience Q&A.

### Movie Talk: K-Drama Series

J-Sei is hosting a series of Zoom meetings to talk about films and TV shows. The first topic for discussion is K-dramas: what folks have enjoyed and are currently watching and what makes K-dramas so compelling. The K-drama genre has proven to be so popular that it is continuing as an ongoing group meeting for fans, both beginners and aficionados.

# J-Sei Program Highlights

## J-Sei Expanding Outreach

As we continue to expand our outreach to our diverse multigenerational community, we would like to share some of our new programs and partnerships.

### Hibiku Kotoba, a new podcast series

When translated, Hibiku Kotoba means “resonating words” and we hope that this podcast will reach you, family, and friends and spark conversations that will bring ideas and people together from all backgrounds.

Kathleen Wong, the host and producer, will be interviewing local AANHPI leaders, creatives, innovators and more, and will cover topics from art to health and culture to advocacy. *Hibiku Kotoba* is brought to you by J-Sei, with support from the K/T Foundation.

You can find us on the J-Sei website or listen on Spotify, Apple Podcasts, and YouTube.

### Connecting Across Generations

Connecting Across Generations hosted a “Nikkei Stroll at UC Berkeley” with over 60 people in attendance. Invited speakers shared their experiences as Japanese American students and faculty at UCB through different eras, spanning nearly 100 years. The speakers included Kimi Kodani Hill, Nancy Arata-Fong, Evelyn Nakano Glenn, Peter Horikoshi, Alec Macdonald, Halie Matsui and Alicia Tan. *Connecting*



*Across Generations* seeks to provide spaces to build community and conversation across generations. It is a collaboration among J-Sei, Japanese American Youth Alliance (JAYA), Berkeley Nikkei Student Union (NSU) at UC Berkeley, Berkeley Chapter of Japanese American Citizens League (BJACL), Friends of Topaz Museum, Tsuru for Solidarity, and Japanese American Women Alumnae of UCB (JAWAUCB).

See video clips on the the J-Sei YouTube Channel: <https://tinyurl.com/jseiconnecting>

### Imagine Nikkei Village Cinema A multigenerational space at J-Sei

Imagine a space to come to with family and friends to watch a movie, join a conversation, and participate in a hands-on activity with people of all ages - children, youth, adults, elders. Our next event may include both a short documentary and animation. Sign up for our INVC email list to receive updates on the movie selection, dates and times.

### New Exhibit

#### Unseen Spaces, a solo painting exhibit by Naomi Kubota Lee

Summer/Fall 2025

**Gallery Hours:** M Tu Th Fr 2 - 5 pm, or by appointment: 510-654-4000

**Artist Gallery Talk:** Sun, October 19, 1-3 pm

Experience the unseen spaces that invite



creativity, inquiry and imagination. In these times, be inspired by the vibrancy, color and depth of Naomi Kubota Lee's artistic realm, and reach for the creative energy that sustains us.

## Upcoming Events & Programs



### J-Sei Health & Wellness Workshop & Fair

Sunday, November 2, 11 am - 3 pm

An on-going concern that increases as we age is how to stay healthy, happy and safe. What do we need to prepare for in these life transitions in terms of wellness and care? We will be offering informational presentations to help us plan for shifting needs for ourselves and our loved ones as we age. The presentations will be followed by screenings, vaccines, information tables with partner organizations, healthy living & nutrition demos. Save the date and look for more information on the J-Sei website.

### Harvest Celebration

Thursday, November 13, 12 - 2 pm

For our harvest celebration, we join with Congregate Lunch diners, friends, staff and volunteers to celebrate all that we are thankful for as part of the J-Sei community.

The special luncheon will feature roast turkey, stuffing, gravy and sides. Suggested donation: \$12. Enjoy sultry smooth jazz music by The Larry Walter Trio, featuring Larry Walter (piano), Wayne Samdahl (bass) and Glen Iwaoka (drums). RSVP to tara@j-sei.org.

### Mothersalt, A Book Reading with Mia Mayumi Malhotra

Saturday, November 15, 2 pm - New date

*Mothersalt* is an embodied look at birth, motherhood, and child-rearing. At its heart, this is a book about resilience, healing, joy, and the sustaining life that emerges from practices of embodied care. Mia Ayumi Malhotra is the author of *Isako*, a California Book Award finalist and winner of the Alice James Award, Nautilus Gold Award for Poetry, National Indie Excellence Award, and Maine Literary Award. Join us for a book talk and light refreshments. RSVP for the book talk. For those interested in joining a Creative Workshop with Mia, contact jill@j-sei.org



### J-Sei Artisan Faire

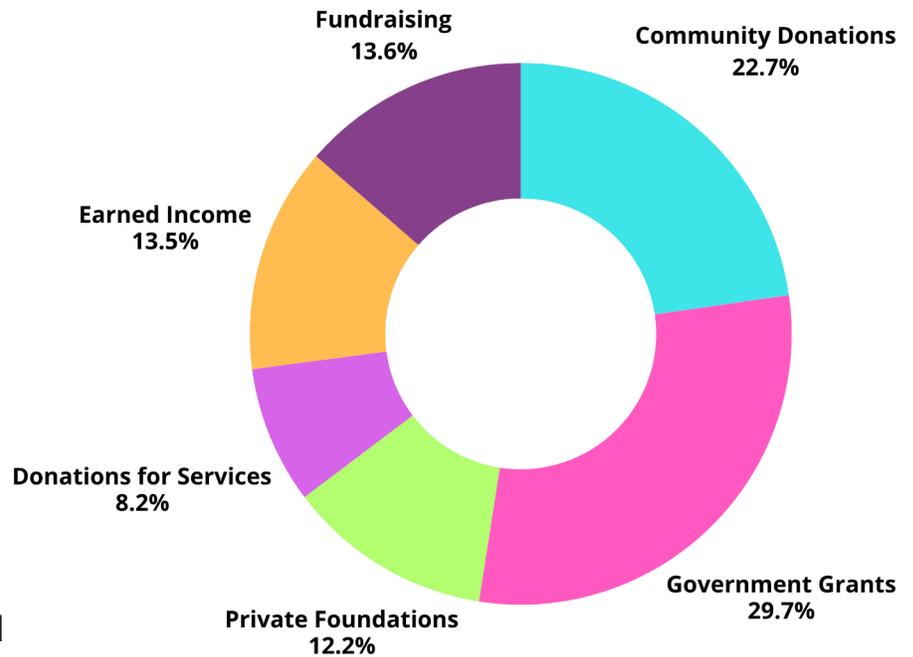
Sunday, December 7, 11 am - 4 pm

Get into the holiday spirit at J-Sei! Support local artists and artisans as they share their original and creative goods with gifts for all ages. Enjoy the afternoon and grab a bite to eat, hear holiday tunes, and shop, shop, shop!



## Let's Talk Numbers for FY24-25

As we look back at fiscal year 2024-2025, we are grateful for another solid financial standing—thanks to our diverse funding sources that include government funding, private foundation grants, community donations, fundraising activities, earned income, and donations for services. Compared to last year, our community donations increased by more than 50%! Thank you to everyone who contributed to J-Sei. Your kind contribution allowed us to expand our services and programs.



In addition, we would like to recognize the following organizations for their generous support:

Alameda County Area Agency on Aging, Contra Costa County Health Services Department, City of Berkeley, East Bay Foundation on Aging, Kaiser Foundation, Meals on Wheels Alameda County, SCAN Foundation, and Senior Assistance Foundation Eastbay.

### Please Consider Planned Giving

As you think about your future plans, please consider planned giving to J-Sei as one critical avenue to help ensure the sustainability of J-Sei for generations to come. To successfully implement our strategic plan and beyond, we need your support to continue, strengthen, and increase our essential services and programs. While staying true to our core mission of providing quality services and programs based on Nikkei values, cultures, and traditions to older adults, their families, and communities, your gift will help us expand multi-cultural and multigenerational programming. To maintain J-Sei's rich legacy, we hope that you will seriously consider adding J-Sei to your estate planning.

The following are examples of different types of planned gifts:

- Cash bequests
- Retirement or life insurance plan beneficiary
- Charitable gift annuities
- Charitable IRA rollovers
- Charitable remainder or lead trusts
- Publicly-traded securities
- Real estate

Please help J-Sei continue to thrive in the coming years through your planned gift.

You may also benefit from tax deductions. If you are interested in discussing planned giving, please contact Ky Lam, Executive Director, at [ky@j-sei.org](mailto:ky@j-sei.org) or 510-654-4000 ext. 108. Thank you for thinking of our community's future!

## Welcome Ky Lam from Board Co-Chairs Linda Okahara and Ken Tsuboi

Ky Lam, J-Sei's new Executive Director, has been in her new role for just a few weeks. Yet, Ky has already made great strides in what is shaping up to be a seamless transition.

Among Ky's many engagements during this short period, our new leader has met with staff, board, and community members to learn more about the culture and objectives of J-Sei. With intention and unwavering commitment, Ky is connecting with all parts of the J-Sei family. She has delved in with uncompromising effort to fully understand the operations of many of the J-Sei service

### A Home Away from Home *(Cont. from front)*

Building on this strong foundation, I am excited to continue J-Sei's legacy of community, care, and culture and expand multicultural and multigenerational programming that brings families and communities together based on Nikkei values.

J-Sei is a unique community where everyone cares for and supports one

and programs, while offering support in whatever way makes sense. As an example, in seeing the demand for home delivery, Ky has even convinced her son to volunteer in the kitchen before heading off to college!

On behalf of the board, we wish Ky continued success. We feel so fortunate to have someone as talented and compassionate as Ky to lead J-Sei.



*J-Sei Executive Director Ky Lam at Family Festival 2025*

another. Some have been touched by a J-Sei member or service. Many return because of the deep sense of belonging and connection. I love that about J-Sei. To me, J-Sei is a home away from home. J-Sei belongs to all of us.

### J-Sei in Memoriam

*Below are gifts received from June 1, 2025, through August 31, 2025.*

#### **In Memory of Ruth Fukuchi**

*G. Jone*

#### **In Memory of George Goto**

*Leland & Shirley Ching*

#### **In Memory of Alan Maeda**

*Yurika Chiba*

#### **In Memory of**

#### **Jean Nakazono**

*Laurie & Reggie Kho*

#### **In Memory of**

#### **Carolyn Okamoto**

*Warren K. Okamoto*

#### **In Memory of**

#### **Helen Toshiko Sasaki**

*Florence Yokoi*

#### **In Memory of**

#### **F. Jean Terazawa**

*All her nieces & nephews*

#### **In Memory of Sharon Uejo**

*Curtis Uejo*

#### **In Memory of Rev. Kiyoshi Seishin Yamashita**

*Dennis Yamashita*

#### **In Memory of Hiroshi Yasuda**

*Sumiko Yasuda*

# Welcome J-Sei New Board Members

## Wes Fukumori

I am one of the newest and first-time member to serve on the J-Sei Board of Directors. I am very excited and looking forward to working with an incredible group people!

I was born and raised in the East Bay and graduated from UC Berkeley with a degree in Architecture. After 47 years in the design profession as an architect, I finally retired in January 2024.

I grew up playing youth league baseball with the Berkeley Bears, later coming back as a coach for 14 seasons. I also played youth league basketball for Berkeley Sangha and, again, coming back to serve as a coach for 13 seasons. For much of my adult life, I have also been active in the local JA Community, serving on the Board of Directors for the Berkeley Bears Youth Organization and the Berkeley Buddhist Temple.



## Dr. Michael Goldrich

Michael Goldrich is a practicing geriatrician taking care of older adults in primary care clinics as well as nursing homes in the Berkeley and Oakland areas. He shares many clients with the amazing J-Sei case managers and was drawn to the mission of the organization. He was always close to his grandmother, who is Nisei and who inspired him to go into geriatric medicine.

## kris mizutani (they/she)

kris is a Yonsei community organizer from West LA who currently lives in Oakland. A proud Californian and Registered Nurse, their work focuses on addiction care services. kris organizes regularly with Omusubi, a fun and caring Bay Area-based group for queer women, non-binary, and trans people of Japanese descent. They are excited to join the J-Sei Board and look forward to helping create vibrant community programming for both Japanese- and English-speaking members.



## Farewell Veta

Veta Jacquelin came to work as J-Sei's part-time Case Manager in 2011 and we congratulate her on her retirement. Her extensive experience working with older adults was a tremendous gift to J-Sei



seniors. While Veta's position was part-time, she often spent time outside of work hours to make sure client needs were met. Compassionate, creative and always dedicated to her client's autonomy, Veta connected older adults to resources that would help individuals live independently and in supportive communities.

She also started and co-led a popular and well loved discussion group, Aging Together, where members openly share their experiences and ideas. As a staff member, Veta connected with her colleagues and never failed to provide a patient ear and understanding heart. Thank you, Veta, for making everyone's life so much richer!

## Welcome Mikako

Mikako Amini is a dedicated social worker with a passion for collaborating with clients to address their essential needs. Growing up in Japan, she was inspired by her father and older brother, both physicians, whose hard work in service of the community shaped her desire to help others.

Her interest in social work began in high school, leading her to pursue her education at the USC School of Social Work in Los Angeles. During her studies, she gained a strong foundation of knowledge and skills. Her own experience adapting to a new culture and language deeply impressed upon her the importance of working together with clients to find the best path forward, while always maintaining a foundation of empathy and dignity.



She is fluent in both English and Japanese and is currently studying Spanish. She is grateful to live in the beautiful Bay Area with her family and their lovable rescue terrier. She is excited to bring her skills and passion to this role and assist those in need of social work services.

## Our Biggest Thanks to J-Sei's Donors

**J-Sei is grateful to the many generous individual donors who make it possible to deliver senior services, education, and cultural programs to families of all ages.**

*(This donor list reflects gifts provided between July 1, 2024 to June 30, 2025)*

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Ineko Ito  
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Kazuko Iwahashi  
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Eiko Iwata  
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Michaeline Jok  
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Lt. Col. Wayne Koide  
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Karen Kuwada  
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Reiko Lane  
Liane Lau & Stephen Yee  
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Cynthia Lee  
Irene Lee  
Kathleen & Russell Lee  
Ki Lee  
Koji Lee  
Patty Lee  
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Teri Lee  
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William & Karen Masters  
James Masui  
John Masunaga  
Michiko Matano  
Kazuko Matsuda  
Kei Matsuda & Charles Rick  
Miho Matsugu  
Linda Matsui  
Minako Matsui  
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Yuko Matsumoto Leong  
Annette Matsunaga  
George & Emiko Matsunaga  
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Jerome Matsuoka  
Martha Matsuoka  
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Sheila Matsutani  
Karen Matsuura  
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Jean Mayeda  
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 Karen Mills  
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 Darryl & Nina Mishima  
 Karen Mitani & Bill Taketa  
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 Cathy Miyasaki  
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 Kristine Mizutani  
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 JoAnn Momono  
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 Shirley Mori  
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 Hiroshi Morimoto  
 Luana Morimoto  
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 Joanie Morioka  
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 Constance Morita

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 Christine Moriuchi  
 Grace Morizawa  
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 Priscilla Mui  
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 Misty Mukae  
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 Susan Nabeta-Brodsky  
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 Frank Nagata  
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 Tazuko Naito  
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 Lynne Ogawa  
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 Puligandla  
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Rick Takahashi  
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Ruth Tsubota  
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Cheuk Wong

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Dagne Wong  
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Diane Wong  
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Joanne Wong  
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Joyce Wong  
Marvin & Darlene Wong  
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Shee Yee Wu & Sam Chen  
Elisabeth Xiezopolski  
Kou Xiong  
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Cole Yamada  
Katy Yamada  
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Ranko Yanada  
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Kiyoko Yamamoto  
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Mark Yamamoto  
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Paul Yamamoto  
Ryan Yamamoto  
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Edith Yamanoha  
May Yamaoka  
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 Darren Yamashita  
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 Irving Yamashita  
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 Naomi Yamashita  
 Susie & Naomi Yamashita  
 Charlene Yamato  
 Norma Yamauchi  
 Sayuri Yamazaki  
 David Yamoto  
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 Lawrence & Ellen Yano  
 Pauline Yano  
 Setsuko Yano  
 Hiroshi & Sumiko Yasuda  
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 Michael Yatabe  
 Paul Yatabe  
 Yaeko Yedlosky  
 Lani Yee  
 Michael Yee & Donna Uyemoto  
 Ivy Yee-Sakamoto  
 Yoshiko Yeto  
 Janet Yip  
 Elaine Yokohama  
 Florence Yokoi  
 Scott Yokoi & Suzanne Ishii  
 Stephen Yokoi  
 Denise Yokomizo  
 Tom Yokomizo  
 Jan Yokota & Kip Wilborn  
 Eddie & Terry Yokoyama  
 Elaine Yokoyama & Toshio  
 Tsuda  
 Julie Yokoyama  
 Kayoko Yokoyama  
 Susan Yonekura

Kathy Yonemoto  
 Paul Yonemura & Maya  
 Murashima  
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 Fusae Yoshida  
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 Hannah Yoshii  
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 Laura Yoshii  
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 Lorraine Yoshikawa  
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 Carol Yoshimoto  
 Mika Yoshino  
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 Reiko Yoshisato  
 Cynthia Yoshitomi  
 Kay Yoshiura  
 Kent & Patricia Yoshiwara  
 Dennis & Grace Yotsuya  
 Sunnie Youk  
 Alice Youmans  
 Irene Young  
 Laura Young  
 Yumi Yuan  
 Tammy Yuen  
 Shalane Yuen  
 John Zilber

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Abacus Products, Inc.  
 Always Aloha Shave Ice Co.  
 Arch Insurance  
 Asian Health Services  
 Asian Network Pacific Home  
 Care and Hospice  
 Associated Students University  
 of California  
 Belmont Village Berkeley, LLC  
 Berg Senior Services, LLC  
 Berkeley Bowl Marketplace  
 Berkeley Buddhist Temple  
 Berkeley JACL  
 Berkeley Methodist United  
 Church  
 B-Dama  
 Boxer & Gerson, LLP  
 Buddhist Church of Oakland  
 Buddhist Temple of Alameda

Chan Family Gift Fund  
 Children's Dentistry  
 Commonwealth Companies  
 Real Estate  
 Drs. Stephen Chun, Mark  
 Fujikawa & Associates  
 Dr. Glenn M. Fujinaka & Dr.  
 Trevor Fujinaka  
 Earthshine Doula &  
 Photography LLC  
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## Case Manager's Corner by Miyuki Iwata

# Medicare: Don't Miss the Open Enrollment Period if You Want to Make Changes to Your Plan!

Medicare is a federally sponsored health insurance program that provides coverage for most people age 65 and up, and some people under age 65 who have a disability and/or are diagnosed with certain disorders.

If you are a Medicare beneficiary, it is that time to review your current plan to determine if it still meets your needs. If it does not, you should take action to change your plan.

The Annual Election Period (AEP), -- also known as the Open Enrollment Period for Medicare Advantage (Medicare Part C) and prescription drug coverage (Medicare Part D) is from **October 15 to December 7, 2025**. All plan and benefit changes will become effective on January 1st, 2026.

During AEP or the Open Enrollment period, Medicare beneficiaries may:

- Switch from the original Medicare Plan to a Medicare Advantage Plan.
- Change from a Medicare Advantage Plan back to the original Medicare Plan.
- Switch from one Medicare Advantage Plan to another Medicare Advantage Plan.
- Change from a Medicare Advantage Plan that doesn't offer drug coverage to a Medicare Advantage Plan that offers drug coverage.
- Switch from a Medicare Advantage Plan that offers drug coverage to a Medicare Advantage Plan that doesn't offer drug coverage.
- Join a Medicare Prescription Drug Plan.

- Change from one Medicare Prescription Drug Plan to another Medicare Prescription Drug Plan.
- Drop your Medicare prescription drug coverage entirely.

You can call Medicare at 1-800-MEDICARE (1-800-633-4227) or check the website, Medicare.gov, to find Medicare plan information or to compare plans. Information will be available at the beginning of October for the next year plan.

If you need help choosing the right Medicare plan, the Health Insurance Counseling & Advocacy Program (HICAP) provides free counseling service about Medicare. Each county has HICAP service. HICAP is a non-profit service and their volunteer counselors can assist you so that you can understand your health care options. HICAP usually asks you to make an appointment.

HICAP (Health Insurance Counseling & Advocacy Program):

Alameda County HICAP: (510) 839-0393

Contra Costa County HICAP: (925) 655-1393

Here is some basic information about Medicare for you to review:

**Part A Hospital Insurance:** Part A pays for most in-patient hospital care, some in-patient skilled nursing homes (limited days), some home health care, and hospice care.

**Part B Medical Insurance:** Part B covers many services that are not covered in the Part A plan. Part B pays for doctor's services, out-patient hospital care, out-

patient physical/speech therapy, laboratory tests and certain home health care, ambulance services, medical equipment and supplies. Part B coverage is voluntary and most people have to pay for the Part B premium each month.

If you turn down Part B and later decide to enroll in Part B again, you can only enroll during the General Enrollment Period (January 1-March 31st) and you may have to pay a late enrollment penalty.

### **Part C Medicare Advantage (MA) Plans:**

Medicare Advantage (MA) plans are offered by private companies that are pre-approved by Medicare. MA plans must cover all the services that Medicare covers except hospice. To sign up for the MA plan, you must enroll in both Medicare Parts A and B. The MA plan is not supplemental coverage. MA plans may also offer other services that are not covered by the traditional Medicare program, such as preventive care, hearing, vision, and dental. Also, many MA plans offer prescription drug coverage. Usually, you pay a monthly premium for the services in addition to your Part B premium.

Remember, do not drop your existing coverage until your coverage with your MA plan starts.

### **Part D Prescription Drug Benefit:**

Medicare Part D is an optional drug insurance program. There are two drug benefit options: 1) Stand-alone Medicare Part D/Prescription Drug Plans (PDPs), and 2) Medicare Advantage plans with prescription drug coverage (MA-PDs). To qualify for Part D, you must enroll in a plan run by private companies that are approved by Medicare. To enroll in a PDP, you must have Medicare Part A or Part B. To enroll in a MA-PD, you must have Part A and Part B.

Cost and drug coverage vary for each plan. If your current health insurance coverage is better than this benefit, you may not want to enroll in Medicare Part D.

### **Resources:**

Alameda County HICAP:

<https://cahealthadvocates.org/hicap/alameda/>

Contra Costa County HICAP:

<https://cchicap.org/>

Centers for Medicare & Medicaid Services: <https://www.cms.gov/priorities/key-initiatives/medicare-open-enrollment-partner-resources>

The Official U.S. Government Site for Medicare: [www.medicare.gov](http://www.medicare.gov)

## **Senior Center Partnerships**

Contact the senior center partner for details on their operations schedule.

### **Berkeley Nikkei Center**

1901 Hearst Street, Berkeley  
(510) 809-5202  
Director: Kayo Fisher

### **Eden Senior Center**

Eden Japanese Community Center  
710 Elgin Street, San Lorenzo  
(510) 676-3820  
Contact: Pam Honda

### **Goen**

2261 Morello Avenue #C Pleasant Hill, CA 94523  
Kurumi Japanese School  
circle3ph@gmail.com  
Contacts: Aiko Katayama or Ema Hiura

### **Sakura Kai Senior Center**

5625 Sutter Street, Richmond  
(510) 672-7150  
ecsakurakai@gmail.com



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*Join us at the Artisan Faire  
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## Save the Date!

- Oct 13** Indigenous Peoples' Day – J-Sei Closed
- Oct 19** Art Gallery Talk – Unseen Spaces
- Nov 2** J-Sei Health & Wellness Workshop & Fair
- Nov 13** Harvest Celebration Luncheon
- Nov 15** Mothersalt, A Book Reading
- Nov 27** Thanksgiving Day – J-Sei Closed
- Nov 28** Day After Thanksgiving – J-Sei Closed
- Dec 7** J-Sei Artisan Faire